

TOWARDS AN INCLUSIVE SOCIETY THROUGH SPORTS

# INCLUSIVE SPORT CONFERENCE 2021

DATE & TIME  
16 TO 18 MARCH 2021  
9AM - 5PM



Host



Ministry of Culture, Community and Youth



Co-host



**INCLUSIVE  
SPORT  
CONFERENCE  
2021**

**TOWARDS AN INCLUSIVE SOCIETY THROUGH SPORTS**

# **INCLUSION for ALL in Sport**

## **A life span and community-based approach**



## **A/P Teo-Koh Sock Miang PhD, JP**

**President, Singapore Disability Sports Council**

**Chairman, Singapore National Paralympic Council**



## Value proposition of sport in Singapore's early nation-hood building phase

“From time to time, there will be spectacular, world-class, star-studded teams, clashing in this arena. They can show what some human beings can do, *if* they are born with the physical attributes .....But let us not deceive ourselves that there are any credits for us in our trying to do this. Our best return is to generate healthy, vigorous exercise for the whole population, young and old, enhancing the valuable qualities we have -- a keen, bright, educated people who will lead better and more satisfying lives if they are fit and healthy.”



PM Mr Lee Kuan Yew  
Official Opening of the National Stadium  
21 July 1973

# Sport initiative in Singapore's early nation-hood building phase

Sports For All (1973)

“encourage citizens to keep fit and healthy by exercising and engaging in sports”

Sports - social glue for uniting a young nation of migrant-citizens from diverse racial and religious backgrounds/beliefs

# Early years' sports participation... by different ethnic groups/ races....



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Present day Singapore acknowledges that **everyone** is entitled to participate in sports. There is a need go beyond sport for all and to promote **inclusion for all** in sport.

## defining “**INCLUSION** in Sports”

- Inclusion is more than just sharing the same playing space and playing “parallel”.
- Inclusion is about everyone (different demographics; with and without disabilities) playing on the same team / same playing space as equal partners.
- Inclusive sport therefore seeks to ensure that everyone has opportunities to train & play together on the same playing fields / courts/ arenas/pitches/gyms /sport halls etc.

## Inclusion in Sport Competition



Para Archer, Danielle Brown

Paralympic archery gold medalist Danielle Brown made history after being selected for the Delhi 2010 Commonwealth Games, the first disabled athlete ever to compete for England in an able-bodied event at the Games.

## Inclusion in Sport Competition



Para Archer, Nur Syahidah

Will the day come when Singapore's World #1 para archer Nur Syahidah can compete for selection to represent Singapore at mainstream regional & international archery competitions, e.g. SEA, ASEAN Games?

## What does it mean to promote, support and provide Inclusion for ALL in sport?

### Defining “promote, support & provide” .....

- it means supporting the individual in the sport so that s/he can participate meaningfully and successfully
- It means understanding the diverse needs of the individuals in the team and using appropriate pedagogies to coach
- it means ensuring that qualified and trained coaches / volunteers/sport providers are available to provide sports for the different individuals/ diverse groups

## What does it mean to promote, support and provide Inclusion for ALL in sport?

Defining the “ALL in sport”

- EVERYONE, regardless of
  - race / ethnicity
  - religion
  - gender
  - age
  - with / without disability
  - socio-economic status/class

must have equal access and opportunities to play sport or support sport.

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**Regardless of race, language, religion, gender, age, ability, socio-economic**



## **“INCLUSION in Sports”**

- Inclusion in sports also means encouraging individuals/volunteers with different abilities/demographics to come together & serve together.
- “Inclusion for All” encourages everyone to find their place/role in the sport ecosystem, whether they are direct sport participants or not.

## **Lifespan approach to Inclusive Sport** (crade to Grave.....)

- **need to consider, support & encourage the evolving changing sporting needs/aspirations of the individual using a lifespan approach (cradle to grave perspective).**

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## A lifespan Approach.....



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# **A life span approach.... (cradle to grave....)**



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# Sport participation for adults with disabilities (beyond school going age)



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**“Whole of Community”**

**\*\*Not a comprehensive list\*\***

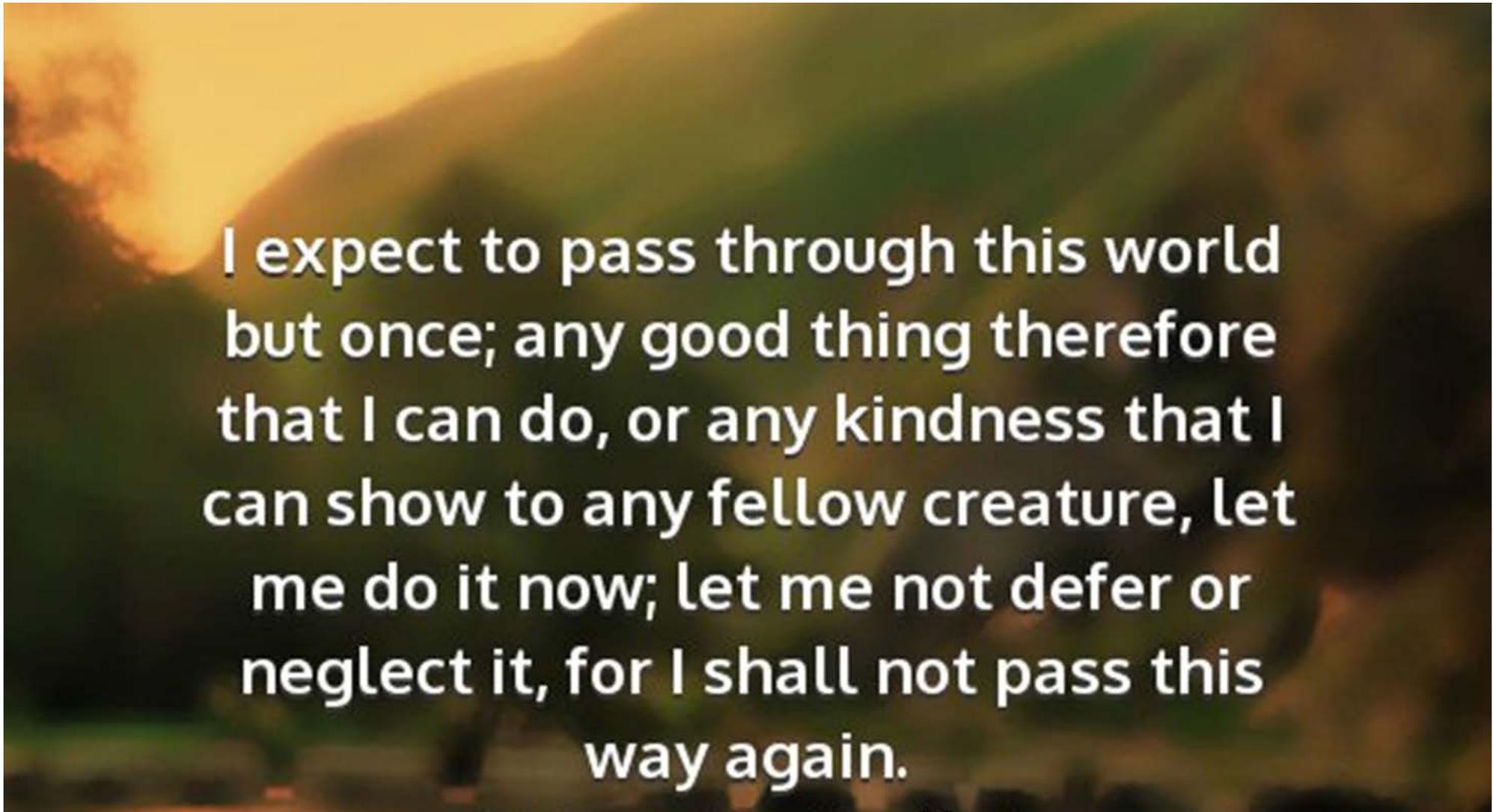


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# Building a Community of Care



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I expect to pass through this world but once; any good thing therefore that I can do, or any kindness that I can show to any fellow creature, let me do it now; let me not defer or neglect it, for I shall not pass this way again.

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**Invest in lives.....  
(lend a “sporting” hand)...  
the return on investment will be  
“life changing” & “lives changed” !**

thank  
:you: