

TOWARDS AN INCLUSIVE SOCIETY THROUGH SPORTS

INCLUSIVE SPORT CONFERENCE 2021

DATE & TIME
16 TO 18 MARCH 2021
9AM - 5PM



Host



Co-host



**INCLUSIVE
SPORT
CONFERENCE
2021**

Unified Sports x Play Inclusive





What is Unified Sports?

- Unified Sports joins people with and without intellectual disabilities (ID) on the same team
- Teams are made up of people of similar age and ability
- Promoting social inclusion through sport
- Principle: training together and playing together is a quick path to friendship and understanding.





Principle of Meaningful Involvement

- All team members must be **engaged and provide their own individual abilities and strengths.**
- The goal is that every teammate should **play a meaningful role** and have the **opportunity to contribute** his or her strengths to their Unified Sports team.
- There should be a **quality of social interaction and communication** among teammates that allows everyone to participate fully and enjoy a positive experience



Principle of Meaningful Involvement

- Ensures that **every player is given an opportunity to contribute** to the success of his or her team through their unique skills and qualities

Every teammate:

- (a) demonstrates sufficient sport specific skills and game understanding;
- (b) plays a valued role on the team that emphasizes his or her personal talents; and
- (c) has an opportunity to play without a heightened risk of injury.



The Magic of Unified Sports



Video courtesy of Special Olympics Asia Pacific



PLAY INCLUSIVE



Special Olympics Singapore and SportCares, supported by Ministry of Education joined hands to organise Play Inclusive to promote inclusion in the community through shared sporting experiences between persons with and without intellectual disabilities, to showcase the value of sport in bridging communities, forging friendships and promoting care in the community.

Play Inclusive was the largest unified sports competition in Singapore in 2018 & 2019 and expanded to include other disability groups progressively.



PLAY INCLUSIVE 2018

Athletes: ~300 (Intellectual Disability)

Unified Partners: ~150

Sports

Badminton Doubles, 3-on-3 Basketball,
3-on-3 Floorball, 5-a-side Football

Guest of Honour

Mr Ong Ye Kung, Minister of Education



PLAY INCLUSIVE 2018

Special Education Schools / Disability Organisations	Mainstream Schools / Institutions	Volunteer Workforce
1. APSN Centre for Adults	1. Anglican High School	1. Catholic High School
2. APSN Delta Senior School	2. Anglo-Chinese School (Independent)	2. Crescent Girls School
3. APSN Katong School	3. Bowen Secondary School	3. Dunearn Secondary School
4. APSN Tanglin School	4. Bukit Merah Secondary School	4. River Valley High School
5. AWWA School	5. Evergreen Secondary School	5. FWD Singapore
6. Eden School	6. Hougang Secondary School	6. Marriott International
7. Grace Orchard School	7. Jurongville Secondary School	7. Singapore Badminton Association
8. Metta DAC for the Intellectually Disable	8. Nanyang Girls' High School	8. Special Olympics Volunteers
9. Metta School	9. Nanyang Junior College	9. SportCares Youth Volunteers
10. MINDS Ang Mo Kio TDC	10. Orchid Park Secondary School	10. Liitto Football Club
11. MINDS Eunost TDC	11. Ping Yi Secondary School	11. Team Nila
12. MINDS Fernvale Gardens School	12. Princess Elizabeth Primary School	
13. MINDS IDEA EDC	13. Queenstown Secondary School	
14. MINDS Lee Kong Chian Gardens School	14. Queensway Secondary School	
15. MINDS Tampines TDC	15. Raffles Institution	
16. MINDS Towner Gardens School	16. Rulang Primary School	
17. MINDS Woodlands EDC	17. Singapore Management University	
18. MINDS Woodlands Gardens School		
19. MINDS MYG		
20. Rainbow Centre Margaret Drive School		
21. Rainbow Centre Yishun Park School		



PLAY INCLUSIVE 2019

Athletes: ~400 (Intellectual Disability, Autism Spectrum Disorder, Visual Impairment)

Unified Partners: ~400

Sports

Badminton Doubles, 3-on-3 Basketball, 3-on-3 Floorball, 5-a-side Football, Goalball, Skills Competition for Basketball and Floorball. (expanded to 2-days event)

Guest of Honour

Ms Indranee Rajah, 2nd Minister for Education

PLAY INCLUSIVE 2019

Special Education Schools / Disability Organisations	Mainstream Schools / Institutions	Volunteer Workforce
1. APSN Chaoyang School	1. Anglican High School	1. Catholic High School
2. APSN Delta Senior School	2. Anglo Chinese School (Independent)	2. Cognizant
3. APSN Katong School	3. Bowen Secondary School	3. FWD Singapore
4. APSN Tanglin School	4. Bukit Merah Secondary School	4. Goalball Singapore
5. AWWA School	5. Catholic High School	5. Raffles Girls' School
6. Eden School	6. Changkat Primary School	6. Raffles Institution
7. Grace Orchard School	7. Evergreen Secondary School	7. Republic Polytechnic
8. Metta Day Activity Centre for the Intellectually Disabled	8. Hougang Secondary School	8. St Anthony's Canossian Secondary School
9. Metta Home for the Disabled & Metta Home Activity Centre	9. ITE College West	9. Singapore Chinese Girls' School
10. Metta School	10. Marsiling Secondary School	10. SportCares Youths
11. MINDS Ang Mo Kio Training & Development Centre	11. Nanyang Girls' High School	
12. MINDS Eunus Training & Development Centre	12. Nanyang Junior College	
13. MINDS Fernvale Gardens School	13. Nanyang Technological University	
14. MINDS IDEA Employment Development Centre	14. Orchid Park Secondary School	
15. MINDS Jurong Training & Development Centre	15. Ping Yi Secondary School	
16. MINDS Lee Kong Chian Gardens	16. Princess Elizabeth Primary School	
17. MINDS Tampines Training & Development Centre	17. PSB Academy	
18. MINDS Towner Gardens School	18. Queenstown Secondary School	
19. MINDS Woodlands Employment Development Centre	19. Queensway Secondary School	
20. MINDS Woodlands Gardens School	20. Raffles Girls' School	
21. MINDS Youth Group	21. Raffles Institution	
22. Pathlight School	22. Republic Polytechnic	
23. Rainbow Centre Margaret Drive School	23. Rulang Primary School	
24. Rainbow Centre Yishun Park School	24. Singapore Institute of Management	
25. Rainbow Centre Yishun Park School (Woodlands)	25. Teck Ghee Primary School	
26. SIA-MINDS Employment Development Centre	26. Townsville Primary School	
27. SOSG Outreach	27. Yuan Ching Secondary School	
28. St. Andrew's Autism School		

New Sport onboard in 2019

Goalball

Including athletes with visual impairment and unified partners from mainstream institutions or sports organisations

CoachSG

ITE College West

Jagsports Judo Team

Nanyang Polytechnic

Ngee Ann Polytechnic

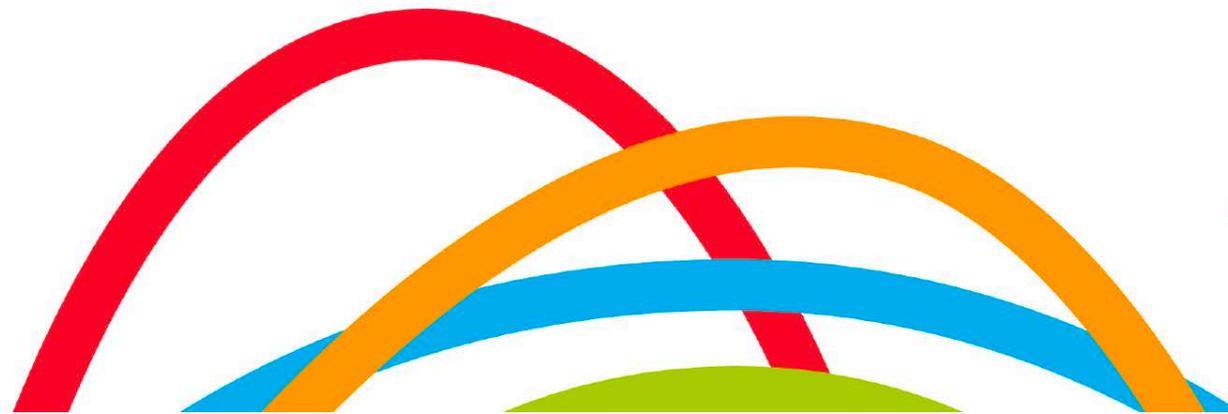
Singapore Silat Federation

Wrestling Federation of Singapore





RAINBOW CENTRE PLAY INCLUSIVE INVOLVEMENT



Play Inclusive Pre-bonding Camp 2018



**RAINBOW CENTRE
PLAY INCLUSIVE INVOLVEMENT**

Play Inclusive Pre-bonding Camp 2018



**RAINBOW CENTRE
PLAY INCLUSIVE INVOLVEMENT**

Play Inclusive Pre-bonding Camp 2018



**RAINBOW CENTRE
PLAY INCLUSIVE INVOLVEMENT**

Play Inclusive Pre-bonding Camp 2018



**RAINBOW CENTRE
PLAY INCLUSIVE INVOLVEMENT**

Play Inclusive Event 2019



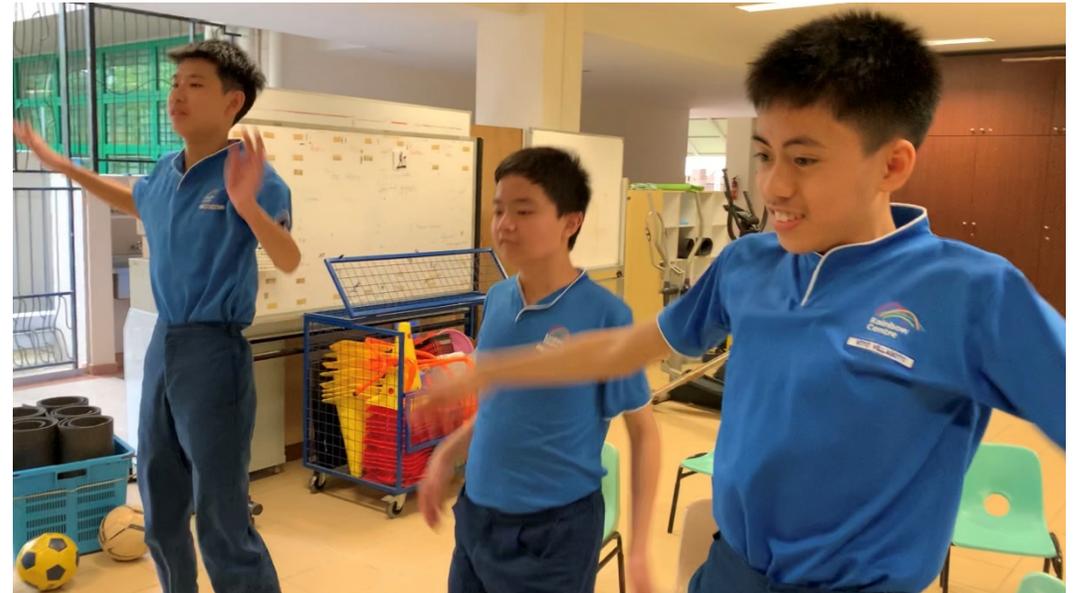
**RAINBOW CENTRE
PLAY INCLUSIVE INVOLVEMENT**

Play Inclusive Event 2019



**RAINBOW CENTRE
PLAY INCLUSIVE INVOLVEMENT**

Play Inclusive 2020 – Virtual Edition



**RAINBOW CENTRE
PLAY INCLUSIVE INVOLVEMENT**

PLAY INCLUSIVE 2020....

- COVID19 situation disrupted the unified teams' training and possibility of holding large events
- Opportunity to explore new ways to bridge communities and create friendship and sporting memories during the pandemic
- Play Inclusive 2020 went virtual to pair youths from mainstream and special education schools to learn and complete workouts together on virtual platforms
- 54 Athletes from 10 SPED schools & 58 Unified Partners from 11 mainstream schools participated
- The first HYBRID Play Inclusive finale was held on 7 November where 4 teams were present physically with 10 teams signing in virtually.



PLAY INCLUSIVE VIDEO 2020

