

If you'd like to add your event to the listing, please email us at inclusivesport@sport.gov.sg. Thank you!

Last Updated: 8/2/2019

[Disability Sports Event](#)
[Disability Sports Programme](#)

FEBRUARY 2019						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
					Wheelchair Rugby Tryout by SportCares Toa Payoh Sports Hall 9AM-12PM [Find out more]	
18	19	20	21	22	23	24
			Disability Sports Coaches On boarding and Networking by SportCares Sport Singapore HQ, SSI Seminar Room 1 and 2 10AM-12PM [More]			
25	26	27	28			

MARCH 2019						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
				Pedal EnAble Let's Go Cycling by Ageless Bicyclists Singapore Sports Hub, 100 plus track 3PM-430PM Session 1 [More]		PapaMama Kids Ride Series by Ageless Bicyclists West Coast Park (Grand Lawn) 8.30AM-12.30PM
4	5	6	7	Yes! I Can Swimming Level 1 For persons with down syndrome Toa Payoh Swimming Pool 7.30PM-8.30PM		
				Pedal EnAble Let's Go Cycling by Ageless Bicyclists Singapore Sports Hub, 100 plus track 3PM-430PM Session 2 [More]		
				Yes! I Can Swimming Level 1 For persons with down syndrome Toa Payoh Swimming Pool 7.30PM-8.30PM		
11	12	13	14	15	16	17
				Pedal EnAble Let's Go Cycling by Ageless Bicyclists Singapore Sports Hub, 100 plus track 3PM-430PM Session 3 [More]	Sport-Bilities by Youth Corp Heartbeat@Bedok 8AM-5PM [More]	
				Yes! I Can Swimming Level 1 For persons with down syndrome Toa Payoh Swimming Pool 7.30PM-8.30PM	DSA Buddy Run and Carnival 2019 by Down Syndrome Association Our Tampines Hub 8AM-3PM [More]	
18	19	20	21	22	23	24
				Pedal EnAble Let's Go Cycling by Ageless Bicyclists Singapore Sports Hub, 100 plus track 3PM-430PM Session 4 [More]		
				Yes! I Can Swimming Level 1 For persons with down syndrome Toa Payoh Swimming Pool 7.30PM-8.30PM		
25	26	27	28	29	30	31
				Yes! I Can Swimming Level 1 For persons with down syndrome Toa Payoh Swimming Pool 7.30PM-8.30PM	Pedal EnAble Let's Go Cycling by Ageless Bicyclists Singapore Sports Hub, 100 plus track 9AM-1030AM Finale Session [More]	

APRIL 2019						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
				Yes! I Can Swimming Level 1 For persons with down syndrome Toa Payoh Swimming Pool 7.30PM-8.30PM	ABL Autism Awareness Ride by Ageless Bicyclists Punggol Waterway Point 9AM-11AM malchen@singnet.com.sg	
8	9	10	11	12	13	14
				Yes! I Can Swimming Level 1 For persons with down syndrome Toa Payoh Swimming Pool 7.30PM-8.30PM		
15	16	17	18	19	20	21
				Yes! I Can Swimming Level 1 For persons with down syndrome Toa Payoh Swimming Pool 7.30PM-8.30PM		
22	23	24	25	26	27	28

				Yes! I Can Swimming Level 1 For persons with down syndrome Toa Payoh Swimming Pool 7.30PM-8.30PM		
29	30	Pedal EnAble Let's Go Cycling by Ageless Bicyclists Singapore Sports Hub, 100 plus track 3PM-430PM [More]				

MAY 2019						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
6	Pedal EnAble Let's Go Cycling by Ageless Bicyclists Singapore Sports Hub, 100 plus track 3PM-430PM [More]	8	9	Singapore 2019 World Para Swimming World Series by Singapore Disability Sports Council OCBC Arena	Singapore 2019 World Para Swimming World Series by Singapore Disability Sports Council OCBC Arena	Singapore 2019 World Para Swimming World Series by Singapore Disability Sports Council OCBC Arena
13	Pedal EnAble Let's Go Cycling by Ageless Bicyclists Singapore Sports Hub, 100 plus track 3PM-430PM [More]	15	16	17	18	19
20	Pedal EnAble Let's Go Cycling by Ageless Bicyclists Singapore Sports Hub, 100 plus track 3PM-430PM [More]	22	23	Yes! I Can Swimming Level 1 For persons with down syndrome Toa Payoh Swimming Pool 7.30PM-8.30PM	25	26
27		29	30	Yes! I Can Swimming Level 1 For persons with down syndrome Toa Payoh Swimming Pool 7.30PM-8.30PM		

JUNE 2019						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
					Pedal EnAble Let's Go Cycling by Ageless Bicyclists Singapore Sports Hub, 100 plus track 3PM-430PM [More]	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

JULY 2019						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

AUGUST 2019						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
			Inclusive Sports Festival Our Tampines Hub 9AM-5PM	Inclusive Sports Festival Our Tampines Hub 9AM-5PM	Inclusive Sports Festival Our Tampines Hub 9AM-5PM	Inclusive Sports Festival Our Tampines Hub 9AM-5PM
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
					Play Inclusive by SportCares, Special Olympics Singapore OCBC Arena 9AM-5PM	Play Inclusive by SportCares, Special Olympics Singapore OCBC Arena 9AM-5PM
26	27	28	29	30	31	

SEPTEMBER 2019						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

OCTOBER 2019						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

NOVEMBER 2019						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

DECEMBER 2019						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						